

Boston Sailing Center

CPM CLOTHING & GEAR LIST

REQUIRED CLOTHING & GEAR

- Foul Weather Gear - Bibs and Jacket
- Boots, waterproof shoes or sandals
- 1 or 2 pairs of wool socks
- Wind Shell
- Warm hat/Warm gloves
- Long Underwear
- Several appropriate warm layers (fleece or wool)
- T-shirts
- Shorts
- Socks
- Long sleeve shirt/long pants (for sun)
- Bathing suit
- Sun glasses/Sun screen/Sun hat
- Deck shoes

PERSONAL ITEMS

- Towel
- Pillow case
- Sleeping Bag or sheet and blanket
- Seasickness prevention
- Reading Glasses (essential for chart work)
- Flashlight or headlamp
- Toiletries/Medications

OPTIONAL ITEMS

- Sailing Gloves
- Knife or Leatherman
- Travel Mug (optional, good idea in cold weather)
- Binoculars/Bearing Compass/handheld GPS
- Mellow CDs (**No Buffett**)
- Fishing Gear

Pack gear in plastic bags inside duffel bag. Visit <http://www.bostonsailingcenter.com/about/faqs-cruising.asp> for answers to common questions about gear and what to expect from the trip.